

PSU
University Days

2017 -2018

Mentoring Students

From the Front Lines



MENTORING

... “consistent support creates a safe climate in which students can take risks and do the work of developing personally and professionally” (Johnson, 2007, p. 49)



PATHWAYS

The work of a mentor in higher education is not confined to one particular set of questions or goals.

Mentors **ADVISE** students on making appropriate academic choices and building effective relationships with peers. Mentors **COUNSEL** students on developing goals and action plans toward achieving careers, and serve as sounding boards during good times and bad. Mentors **COACH** students on transitioning effectively into college, learning how to be successful there, and then transitioning into the “real world.”



MENTORS DO...

- Ask thought provoking questions
- **Practice active listening**
- Provide objective feedback and guidance
- Model effective behaviors

MENTEES are asked to...

- Articulate the problem/issue/situation
- Identify goals and concrete action steps
- Work through goals and actions
- Reflect on key learning moments



BECOMING BETTER MENTORS

- o Recognize the ways we already mentor students
- o Visibly welcome students
- o Learn to focus on a few key questions

Most of what students need from the faculty is someone to listen to them, without interrupting, and to ask questions to focus on what they can do next to reach their goals.

RESOURCES

o RESOURCES

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o Arnett, J. J. (2004). *Emerging adulthood: The winding road from the late teens through the twenties*. New York, NY: Oxford University Press.

o

o Johnson, B. W. (2007). *On being a mentor: A guide for higher education faculty*. New York, NY: Lawrence Erlbaum Associates.

o

o Knipplemeyer, Sheri and Torroco, Richard. *“Mentoring as a Developmental Tool for Higher Education*.

o

o McWilliams, Allison E, and Lauren R Beam. “Advising, Counseling, Coaching, Mentoring: Models of Developmental Relationships in Higher Education.” *Penn State: The Mentor, An Academic Advisation Journal*, The Pennsylvania State University, 28 June 2013, dus.psu.edu/mentor/2013/06/advising-counseling-coaching-mentoring/. Accessed 23 Aug. 2017.

o

o Olwell, Russell. “Moving Beyond 2 Percent”. *Inside Higher Ed*. 24 January 2017.
<https://www.insidehighered.com/advice/2017/01/24/why-mentoring-students-so-low-faculty-agenda-and-what-can-be-done-about-it-essay> . Accessed 25 January 2017

RELATED MATERIALS

- o **National Survey of Student Engagement: The College Student Report**
- o Survey mechanism used to measure the level of student participation at [universities](#) and [colleges](#) in [Canada](#) and the [United States](#) as it relates to learning and engagement.
- o http://nsse.indiana.edu/pdf/survey_instruments/2016/NSSE_2016-US_English.pdf
- o **Mentoring as a Developmental Tool for Higher Ed**
- o Considers mentoring amongst faculty relationships. Focuses on success of new faculty through mentoring relationships with tenured colleagues
- o <http://research.utah.edu/documents/mentoring/Knippelmeyer2007.pdf>
- o **Ten Steps to Better Student Engagement**
- o Project-learning teaching strategies can also improve your everyday classroom experience.
- o <https://www.edutopia.org/project-learning-teaching-strategies>
- o **Diversity At Work: HR Toolkit**
- o Inclusive language guidelines
- o Hrcouncil.ca
- o **7 Easy Steps for Inclusive**
- o Guidelines for reference in PDF format.
- o <https://case.edu.lgbt/media/caseedu/lgbt/documents/resources-for-allies/communications.pdf>

WHAT I READ THIS SUMMER

o Teaching With Your Mouth Shut

o Author: Peter Elbow

o ISBN: 0-86709-469-9

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o An Autobiography: Push Comes to Shove

o Author: Twyla Tharp

o ISBN: 0-553-37264-5

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o The Accidental Mind: How Brain Evolution Has Given Us Love, Memory, Dreams and God

o Author: David Linden

o ISBN: 978-0-674-03058-9

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o Habits of the Mind: Ten Exercises to Renew Your Thinking

o Author: Dr. Archibald Hart

o ISBN: 0-8499-1219-9

o

o Thinking Body, Dancing Mind: Tao Sports for Extraordinary Performance in Athletics, Business and Life

o Author Chungliang Al Huang and Jerry Lynch

o ISBN: 0-553-37378-1